New York State Parenting Education Partnership

NYSPEP Progress Report – 2016

Published March 2017

72 professionals working in 25 Counties

Attended Strong Roots training institutes on Helping Parents Preparing Children for School Success

424 Total Reached

Mini-Grants increase parent access to evidence-based and promising parenting education programs

6 New and 12 Renewed NYSPEP Credentialed Parent Educators
STRATEGIC ACTION ITEMS

COMMUNICATIONS

Work continues with Vibrant, contracted website designer, to ensure a portal for Steering Committee members is created. In 2016, the Communications Committee has completed orientation materials, for all Steering Committee members. These documents include NYSPEP governance policies, communications procedures, and annual progress reports. The Committee is in the process of obtaining an updated list of all committee members along with their email addresses for the website. A closed Facebook group has been created and is maintained by the Communications Committee for Credentialed Parent Educators. One of the biggest tasks the Committee has undertaken has been a policy for the use of the credential specific logo. The policy has been created, but the challenge with locating the original, usable logo still exists.

MEMBERSHIP

The Membership Committee has been hard at work creating a new membership structure for individuals and organizations. They are in the second phase of their work, which is to develop an online form and process. Talks with the contracted website designer, Vibrant, have began to ensure this task is completed. In addition, the Membership Committee has and continues to explore strategic partnerships.

PROFESSIONAL DEVELOPMENT

TRAINING INSTITUTES

NYSPEP Strong Roots trainings offer full-day, high-quality content developed by experienced professionals in the field and are associated with effectiveness in parenting education. NYSPEP delivered three institutes on “Helping Parents Preparing Children for School Success” with 72 attendees in Rochester, New York City, and Latham, NY. A fourth offering was planned in Garden City, but was cancelled.

Below is a snapshot of Strong Roots attendance over the last 6 years. The strongest attended offering was located in Latham.

![Yearly Strong Roots Attendance (2010-2016)](chart)
WEBINARS

NYSPEP also collaborated with steering committee members and other agencies to provide seven professional development webinars at no cost for 711 total registrants on the following topics:

• Understanding Protective Factors Framework: Resources for Building a Toolbox and Strengthening Families
• Adverse Childhood Experiences (ACE): Overview and Implications
• Adverse Childhood Experiences (ACE) Response: Introduction to the Restorative Integral Support (RIS) Model
• Supporting Parents: Adverse Childhood Experiences (ACE) and Responding to the Caregiver
• ACE Response: Restorative Integral Support (RIS) Model Application for Community Capacity Building
• Adverse Childhood Experiences & Substance Abuse Treatment Implications: Developing ACE Informed Substance Abuse Programs
• Adverse Childhood Experiences (ACEs) and the RIS Model for ACE Response: Emphasizing Social Networks.

NYSPEP PARENTING EDUCATOR CREDENTIAL

NYSPEP’s Parenting Educator Credential defines the knowledge and skills needed by all parenting educators to provide high-quality programs and successfully implement evidence-based curricula. Peer review panels assess applicant portfolios that document competence achieved through education, training and experience.

In 2016, six people were newly credentialed: four at Tier I (Credentialled Resource Associate or NYSPEP-CRA) and two at Tier II (Credentialled Parenting Educator or NYSPEP-CPE). Twelve Credentialled Parenting Educators who were credentialed in 2012 renewed their credential for an additional four years. It was decided to extend the renewal date for others credentialed in 2012 to July 2017. To date, 79 parenting educators have been awarded credentials: thirteen at Tier I, 61 at Tier II, and five at Tier III.

In 2016 the Credential Workgroup moved forward on a number of items in the strategic plan. A list of credentialled parenting educators has been posted on NYSPEP.org. A Facebook group was launched to encourage communication networking among credentialled parenting educators. We have moved forward in collaboration with The Aspire Registry: New York’s Registry for Early Childhood Professionals to use the Aspire Registry for credential applicants to document their education, training and experience.

ANNUAL MEMBER MEETING

NYSPEP invited Haji Shearer-Director of the Fatherhood Initiative at the Children’s Trust, to present “Resiliency & Relationships: The Nature of Nurturing” as part of the full-day
meeting for 117 registrants in Latham, NY. The day also included facilitated networking, as well as a showcase of the NYSPEP Credential and Strengthening and Building Partnerships.

Below is a snapshot of member meeting participation over the last 6 years.

<table>
<thead>
<tr>
<th>Year</th>
<th>Number of People Who Attended</th>
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<tbody>
<tr>
<td>2010</td>
<td>83</td>
</tr>
<tr>
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<tr>
<td>2015</td>
<td>62</td>
</tr>
<tr>
<td>2016</td>
<td>117</td>
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**MINI-GRANTS: 2016-2017 AWARDS AND 2015-2016 REPORT**

In December 2016, NYSPEP awarded five mini-grants, of $2,000 each, to help providers increase access to research-based parenting education programs and proven practice models that impart knowledge, skills and resources to nurture children. Funds were awarded to the Research Foundation for SUNY, the Capital District Child Care Coordinating Council, the EAC Network Long Island Parenting Institute, the Rochester Childfirst Network, and Yeshiva University. All of which utilize research-based or proven practice models. Focused criteria asked applicants to demonstrate how their program builds upon the Protective Factors.

Outcomes from the 2015-2016 mini-grants awardees:

- 59% of Building Healthy Families participants reported that they learned a lot of new information
  - Specifically around CPS class, breastfeeding and vaccination information, and family friendly activities
- 88% of the parents who completed the Parenting Journey Curriculum were able to obtain custody of their children, increase visitation rights, or maintain custody of their children
- 78% of the fathers who completed the Father’s Parenting Program improved in at least two areas of the protective factors
- Comments about the Father’s Parenting Program include:
  - “I loved my time in this class and would highly recommend it to others”
o “Gave me a lot of insight on how to be a better parent also how to deal with issues”

o “This is an amazing class”

Below is a snapshot of the 2015-2016 Mini-Grant awardees:

COMMUNITY CAFÉS*

Community Cafés are culturally relevant, neighborhood-based dialogues that are designed and hosted by family members, along with the support of at least one community-based organizational partner. Conversations are intentionally designed to build relationships amongst the participants, parents, and practitioners alike. Although the implementation of the Café approach differed from community to community, there were four common objectives:

1. Build parent capacity to help families thrive
2. Build community-based organizations’ capacity to support parent partners in hosting Community Cafés
3. Identify and strengthen community supports that engage and protect families
4. Build community capacity to create action plans that enhance the social and emotional wellbeing of families

From 2012-2013, the New York State Parenting Education Partnership (NYSPEP) provided mini-grants to thirteen organizations to implement the Cafés approach. Some
communities sustained Cafés over the last four years in various locations across New York State and the Café model has spread to more locations. In 2016, a report was released documenting the impact Cafés have had on select communities during this period. To read the full report, COMMUNITY CAFÉS: Building Parent Leadership & Strengthening New York State Families and Communities, go to: http://www.nyspep.org/files/1914/8182/3810/NYS_Community_Cafe_Report_2016.pdf

NEW PARENT KIT and NYSPARENTGUIDE.ORG*

After many years of planning and development, a New Parent Kit was sent to several pilot sites for distribution in 2017. Designed to reduce confusing and often contradictory information and to meet the specific need of parents with newborns to have access to reliable information on parenting, child development and family support resources, the Kit offers a cohesive and consistent package of information that will support New York families’ ability to provide their new baby with a nurturing environment that promotes their child’s healthy development. NYSPEP’s Kit provides parents with an easy to use guide called Starting Life Together, a baby board book and a copy of What to Do When Your Child Gets Sick. These materials streamline key information parents need to support their child’s physical, social, and emotional health at a critical time.

The Parent Guide – Starting Life Together: Your Guide for Building a Nurturing, Healthy Relationship with Your Child – offers a fresh perspective on what parents can do to support their children. It has key parenting tips for before and after a child arrives, up to age five.

The Parent Guide focuses on five important parenting behaviors: nurturing, protecting, guiding, communicating and supporting children’s curiosity and learning. Expectant mothers can access important advice on exercise, nutrition and other healthy habits during pregnancy. Parents receive information on typical behavior for the age of their child and fun ways to encourage their child’s healthy development. Included are valuable resources on safe sleep, use of car seats, breastfeeding and dental care, among others. Parents can also find important information on how to obtain health insurance; locate child care and preschool, parent education and support programs.


*Community Cafes and the New Parent Kit are products of the Council on Children and Families.
NYSPEP extends many thanks to the New York State Office of Mental Health (OMH) for its continued support of excellence in parenting education across the state of New York. OMH provides a grant to NYSPEP’s fiscal agent, Prevent Child Abuse New York. NYSPEP also wishes to thank our Conveners, Steering Committee members, partners, and individuals who have contributed to and supported our work.

Conveners of the
New York State Parenting Education Partnership

• NYS Council on Children and Families
• NYS Office of Children and Family Services / Children and Family Trust Fund
• NYS Office of Mental Health
• Prevent Child Abuse New York

www.nyspep.org